# Chronic nausea and vomiting?

# It could be gastroparesis





# Is Enterra Therapy right for you?



I have gastroparesis



I have chronic, intractable nausea and vomiting (have not responded to medication)

If the above statements are true, you may want to talk to your doctor about Enterra Therapy.

#### Scan the QR code to learn more

and access a discussion guide to help start a conversation with your doctor about Enterra Therapy.



Over 15,000 gastroparesis patients have received Enterra Therapy to help resume their everyday activities, like taking their seat back at the table.

## What is gastroparesis?

Gastroparesis is a medical condition that causes food to digest more slowly than normal. In a healthy digestive system, strong muscular contractions move food from the stomach through the digestive tract. But with gastroparesis, the stomach muscles work poorly or not at all – preventing the stomach from emptying properly.

The number of people with gastroparesis is unknown. There is no cure, but there are therapies that improve symptoms and offer hope for a better quality of life.

# What causes gastroparesis?

Gastroparesis has several causes, including type 1 and type 2 diabetes, post-surgical complications, and other causes. However, in many cases, the cause is unknown (idiopathic).

#### Typical symptoms of gastroparesis include:







- Nausea
- Vomiting
- Abdominal bloating
- Abdominal pain
- Feelings of fullness after only a few bites of food
- Heartburn or gastroesophageal reflux disease (GERD)
- Changes in blood sugar levels
- Lack of appetite
- Excessive weight loss or gain

# How is gastroparesis diagnosed?

Diagnosis is based on a complete medical history, physical examination, and tests that may include:

**Upper Endoscopy** is an endoscopic examination of the esophagus, stomach, and duodenum (the uppermost part of the small intestine). This procedure is used to understand if there is an obstruction preventing food from emptying the stomach.

A Gastric Emptying Test (GET) is considered the most accurate way to diagnose gastroparesis. The test requires you to eat a meal in which a solid food contains a small and safe amount of substance that will appear on a medical scan. A camera will then measure the movement of that food to monitor the rate at which food empties out of the stomach.

### **Treatment Options**

If you're living with symptoms of gastroparesis, understanding treatment options can be a powerful first step in finding relief.

#### Treatment options include:

- Diet changes
- Medications (prokinetic and antiemetic drugs)
- Gastric Electrical Stimulation (GES)
- Gastric or intestinal surgery

## Enterra® Therapy

The Enterra System is the first and only device designed specifically to relieve the nausea and vomiting associated with gastroparesis by gently stimulating your stomach – a unique therapy called Gastric Electrical Stimulation (GES).

#### Unlike other surgical treatment options, Enterra Therapy is:



#### **Minimally-invasive**

Implanting the Enterra System typically takes 1 to 2 hours using minimally-invasive techniques where special surgical instruments are used through tiny incisions. The neurostimulator is placed just beneath the skin, usually in the lower abdominal region.



#### Customisable

Your doctor will non-invasively adjust your system to help find the level of stimulation that's right for you.



#### Reversible

If Enterra Therapy needs to be paused or isn't right for you, your doctor can turn off or remove your system.

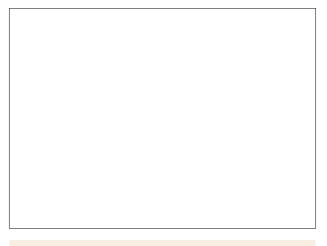


# To learn more about Enterra Therapy visit www.enterramedical.uk.

Scan the QR code to watch a 3-minute video on gastroparesis and the Enterra Therapy procedure.



#### For more information, please contact:



#### You can find important safety information for Enterra Therapy by visiting www.enterramedical.uk/important-safety-information

The information in this brochure is for general education purposes only and is not a substitute for professional medical advice, diagnosis or treatment. Always talk to your doctor about the best treatment options for your individual situation.

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#### www.enterramedical.uk

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